

Interdependence with other Services

The ADHD service shall work alongside a range of other services and agencies to provide advice and support to colleagues to enable other teams and services to work effectively with people who have a diagnosis of ADHD.

These will include:

- Generic mental health teams including the Crisis Team
- Improving Access to Psychological Services (IAPT) services
- Social Care Teams, including 'Future Focus' Careers Advice Independent Sector agencies

Service delivery

The Provider shall ensure the service is delivered by trained and qualified practitioner/s with experience in the use of the assessment tools; Conner's Comprehensive Behaviour Ratings Scale for patients with a diagnosis of ADHD and the DIVA scale (Diagnostic Interview Voor ADHD) for new patients.

The Provider shall offer an appointment service by GP referral only and ensure a single point of access for referral. The referring GP shall make available a copy of the crisis plan for patients under the CMHT, by a secure method, in order to make contact with them regarding any potential risks and/or to inform Crisis Teams or the patient's GP.

The Provider shall offer bookable appointment slots and use an appropriate electronic appointment booking system and confirm the date, time and location with the patient, parent/carer once booked. Reminder texts shall be provided the day before the appointment. DNA's shall be reported to the referring GP.

After the consultation, the patient shall be referred back to their GP and scheduled for a 6 month follow up session. New patients may be scheduled for a 3 month or 6 month follow-up depending on the assessment outcome.

The GP, Patient/Carer shall receive a copy of the outcome of the assessment/ review results.

Where the Provider cancels the appointment this shall be rebooked as appropriate with the Patient.

The CCG Medicine's Management shared care agreements for ADHD prescribed medication shall be applied.

For controlled drugs: 18+ years the following rules shall apply:

A review of the patient shall take place prior to a prescription being made available. Where a patient does not attend their next 3 monthly review then prescribing shall not take place. Post-dating of prescriptions shall occur at a maximum interval of 28 days with scripts being made available at the patient's preferred pharmacy.

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***To provide a specialist
assessment and diagnostic
service to adults with a
suspected ADHD and those with
a confirmed diagnosis residing in
Shropshire***

Objectives

To enable adults with suspected ADHD who do not have a diagnosed learning disability to obtain a timely diagnosis of their condition.

- To provide a local, weekly clinic, for the review and ongoing treatment of complex and non-complex patients, to include prescribing and monitoring.
- To signpost people with ADHD to other agencies and sources of support as appropriate.
- To provide guidance on self-help strategies and recommendations for patients in support of self-care.
- To signpost patients with an unconfirmed diagnosis to appropriate services and support networks.

Service Description

- The adult Specialist ADHD Service shall provide a local assessment and diagnosis service to support people with suspected ADHD and those with a diagnosis of ADHD to include prescribing.
- The service shall aim to complete an assessment within 18 weeks of receiving a referral for an individual.
- The Provider shall be required to undertake Shared Care in relation to prescribing medication with the patient's GP, where the GPs has signed up to the Shared Care Agreement.
- Longer term support for patients with a diagnosis shall be accessed by Providers of adult mental health and community care including social care.

Referral process

The Specialist ADHD service shall accept referral from potential service users, their families/carers.

Referrals shall also be received from:

- ⇒ General Practitioners
- ⇒ Secondary Healthcare/A&E liaison
- ⇒ South Staffordshire and Shropshire NHS Foundation Trust

Where the GP identifies the need for a new patient diagnosis of ADHD, or a review of care, to include prescribing for current patients with a diagnosis of ADHD they shall raise a letter, by way of referral, to the Adult Specialist ADHD Service.

The referral letter shall include the patient's history including current medications and if the patient is known to the adult mental health crisis team. A copy of the patient's crisis plan shall be faxed / emailed via a secure method to inform the process.

The Provider shall be made aware of patients who pose a risk, or are involved with MAPPA and are a risk to public via the referral letter. For example, those involved with the criminal justice system, are who are on Multi-agency Public Protection Arrangements, Care Treatment orders.

Acceptance criteria

- * Adults registered with a Shropshire GP
- * Patients with non-complex treatment e.g. standard ADHD therapy and no antipsychotics.
- * Low level co-morbidity (prescribing by primary care for participating GPs where signed up to the Shared Care Agreement.
- * Patients with complex treatment packages.
- * Significant psychotropic polypharmacy e.g. antipsychotics
- * Significant/severe co-morbidity such as conduct disorder, oppositional defiant disorder, significant anxiety and depressive disorders and personality disorders.

Exclusion criteria

- * People aged under 18
- * People registered with a GP outside of Shropshire
- * People who have a learning disability (who are catered for by existing learning disability services)